



We build strong kids, strong families, strong communities.

# NEW MEMBERSHIP REGISTRATION

Application Date: \_\_\_/\_\_\_/\_\_\_  
Month Day Year

Name: \_\_\_\_\_  
Last First Middle

Email address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_

Employer: \_\_\_\_\_

Applicant's birth date: \_\_\_/\_\_\_/\_\_\_ Sex: M F  
Month Day Year

Driver's License number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

### YMCA Membership Type\*: (please mark one)

\_\_\_\_ Teen (13-17 years)    \_\_\_\_ Student    \_\_\_\_ Adult (18 to 64 years)    \_\_\_\_ Senior (65 years & up)  
\_\_\_\_ Single-Adult Family    \_\_\_\_ Senior Family    \_\_\_\_ Family

### YMCA Membership ADD-ON Payments\*: (please check all that apply)

\_\_\_\_ Kids Gym (\$20.00 per child or \$30 per household) \_\_\_\_\_  
(Kids Gym can be added to Family and Senior Family Memberships only)

\_\_\_\_ Locker Rental (\$5.00 per month, per locker) \_\_\_\_\_ Locker # \_\_\_\_\_

#### ANNUAL SUPPORT CAMPAIGN (ASC)

The San Luis Obispo County YMCA will never turn anyone away due to an inability to pay. Financial Assistance is awarded to those who qualify to ensure that everyone who wants to participate in YMCA programs may do so.

I would like to help another individual or another family become a San Luis Obispo County YMCA Member by contributing \$ \_\_\_\_\_ to be paid as a (circle one)

One-Time Gift  
Monthly Gift (paid via Electronic Funds Transfer)

Fill out this section if you are applying for a YMCA Family Membership. A family consists of no more than 2 adults residing in the same household and all children 18 years or under or full time students that are dependent upon the same family income. (Full time status is considered 12 units or more. Written verification from the school is required to verify full-time status). All other individuals such as roommates residing in the residence are not considered family members.

NAME (please include middle initial)	Birthday	Age	Relationship
_____	M F ___/___/___	_____	_____
_____	M F ___/___/___	_____	_____
_____	M F ___/___/___	_____	_____

Do you have any medical conditions we should be aware of? (circle one) YES NO  
If yes, please describe \_\_\_\_\_

EMERGENCY CONTACT: Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

How did you hear about the San Luis Obispo County YMCA? \_\_\_\_\_

I hereby apply for membership to the YMCA and agree to abide by all rules, regulations and policies. I acknowledge that YMCA activities include physical activity and assume all risk in said activities. The San Luis Obispo County YMCA will not be responsible for lost or stolen articles. Membership is non-transferable or refundable.

THE YMCA RESERVES THE RIGHT TO TERMINATE A MEMBERSHIP AT ANY TIME.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**ELECTRONIC FUNDS TRANSFER (EFT)  
SAN LUIS OBISPO COUNTY YMCA**

**PLEASE READ CAREFULLY**

**STARTING YOUR MEMBERSHIP**

**WE NEED:**

One-month payment of your membership dues and applicable enrollment fee.  
A signed draft authorization  
A pre-printed voided check or copy of credit card

**MONTHLY PAYMENTS**

I authorize the San Luis Obispo County YMCA to automatically transfer the following monthly payments:

\$ \_\_\_\_\_ for Membership  
\$ \_\_\_\_\_ for Kids Gym  
\$ \_\_\_\_\_ for Locker Rental  
\$ \_\_\_\_\_ towards the Annual Support Campaign

**TOTAL Monthly Payments:** \_\_\_\_\_

The above monthly payments will be made via Electronic Funds Transfer (EFT) on the (circle one) **6th / 20th** day of each month. If the draft date falls on a weekend or holiday, my dues will be transferred on the first subsequent business day.

**THE FIRST ELECTRONIC PAYMENT WILL OCCUR:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

The San Luis Obispo County YMCA will make the Electronic Funds Transfer using the following account information:

(circle account type)C

Checking Account: Routing # \_\_\_\_\_  
Account # \_\_\_\_\_

Savings Account: Routing # \_\_\_\_\_  
Account # \_\_\_\_\_

Credit Card: Card Type \_\_\_\_\_ (Visa, MasterCard, American Express)  
Card # \_\_\_\_\_  
Expiration Date: \_\_\_\_\_  
Name on Card: \_\_\_\_\_

***It is my responsibility to check my monthly bank statement and/or Credit Card statement to ensure that the proper transaction has taken place. In case of an error, the San Luis Obispo County YMCA must be notified immediately. The YMCA will not be responsible for errors over 90 days old.***

The San Luis Obispo County YMCA must be notified immediately if there is any **CHANGE** to the above payment information.

I may change from EFT to Annual or Semi-Annual Payments at any time, effectively canceling my monthly EFT payments.

**DRAFTS THAT DO NOT GO THROUGH**

If the San Luis Obispo County YMCA is unable to draft from my account, I will be charged a **\$30.00 service fee**. Continued non-drafts on my account will result in a re-evaluation of my EFT agreement and may result in termination of my membership.

**CANCELLATION Requests must be received 30 days before the next scheduled EFT payment to stop a debit. This cancellation must be in writing. A letter or a completed "Cancellation Form" from the San Luis Obispo County YMCA Member Services Counter must be submitted for the monthly payments to be cancelled. It is the sole responsibility of the member to validate monthly bank statements to ensure drafts have been discontinued. The YMCA will not refund monthly membership dues beyond the effective date of cancellation.**

**ADDITIONAL EFT (Electronic Funds Transfer) INFORMATION**

My dues will be deducted from my account automatically. My account will be charged whether I use the facility or not. The YMCA is not responsible for errors over 90 days old.

I must notify the YMCA if my phone number, home address or my work address and phone number have changed. The Member Service Counter has an information change form to be completed.

The YMCA contacts members by mail to notify them of increases in Membership dues. Members paying reduced amounts through the Financial Assistance program are notified on their renewal date to update their program information. The San Luis Obispo County YMCA will not make telephone calls to make sure the member has received their mail.

THE SAN LUIS OBISPO COUNTY YMCA WILL NOT GIVE REFUNDS FOR SCHEDULED DEBITS THAT TAKE PLACE.

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **DEAR YMCA MEMBER:**

**PLEASE READ THROUGH OUR GENERAL POLICIES AND SIGN YOUR NAME TO INDICATE THAT YOU UNDERSTAND AND WILL COMPLY. FEEL FREE TO ASK QUESTIONS OR MAKE ANY SUGGESTIONS THAT YOU FEEL MAY HELP US TO BETTER SERVE OUR MEMBERS.**

### **NON-REFUNDABILITY OF DUES**

It is the YMCA's policy that once dues have been paid in full or via monthly draft, they are non-refundable.

### **YMCA MEMBERSHIP CARDS/FACILITY ADMITTANCE**

All members **MUST** present their membership cards at the service counter each time they enter the facility. Members will be "forgiven" twice in a 60-day period for a missing card, and then charged a \$5 replacement fee.

### **KID'S GYM MEMBERSHIP CARDS/ADMITTANCE**

Members with Family Memberships Single-Adult Family Memberships and Senior Family Memberships may participate in Kids Gym for an additional charge. An unlimited pass for all participants included in the Family Single-Adult or Senior Family Membership may be purchased for \$20.00 per month for one child and \$30 per month for multiple children in the same household (fee collected via electronic funds transfer). Please see a Kids Gym staff member or a

Member Services Representative for other payment options. Members must present their Kids Gym Membership Card at the Member Services Counter. Other Members may pay a \$3 per child, per hour fee for each visit to the Kid's Gym. The Kid's Gym is a unique program with specific rules regarding safety and equipment usage. Please refer to the Kid's Gym Rules Policy statement and hours, which is available in the Kid's Gym.

### **CANCELLATION OF MEMBERSHIP**

**Payment Annually: *non-cancelable; no partial refund.***

**Payment by EFT/CC Draft:** May not be canceled during the first 2 months. ***Cancelable upon 30 day written notice to the YMCA.*** Members *must* complete a YMCA cancellation form. Unless the YMCA receives this, we cannot process the cancellation with your bank and drafts will continue. ***The YMCA is not responsible for errors over 90 days old.***

### **GUEST PASSES**

All new members receive three (3) courtesy "one time use" guest passes. Guest passes are noted on Members' accounts. These may be used for friends, family members and associates. The member **must** accompany the guest when using the facility.

Annually, members will receive three (3) additional passes.

### **LOCKER**

Both day use and monthly rentals are available. Members should bring their own lock and remove it from the locker when leaving. Locks left on day use lockers will be removed. Occasional locker audits are performed. If a locker rental is not currently paid, lock will be removed and contents will be stored for pick-up. If not claimed in 30 days, contents will be donated or thrown away.

Day Use..... No Charge

Rental..... \$5.00 per month (draft) / 3 months for \$15.00 / 6 months for \$30 / 12 months for \$54.00

### **BALLS, RACQUETS, WEIGHT BELTS, BIKES, ETC.**

May be checked out at the Member Service Counter free of charge. If you check the equipment out, you must return it to the service desk. If it is not returned you will be charged for the item. (See "Borrow-A-Bike" Policy at Member Services Counter for further details.)

### **POOL USE**

Current YMCA members have use of Sinsheimer pool during their operating hours. Members must obey the pool rules posted. Please see the YMCA Member Services Counter for pool hours and class times. Members must enter the Sinsheimer pool thru the main entrance and present their YMCA Key Tag for entry.

### **AWAY PROGRAM**

Under this program, YMCA members have the privilege of using other YMCA's when traveling on pleasure or business. An "Away" sticker is available to members and is recognized by most YMCA's nationally. The sticker is affixed to each member's key tag and is used as a means of identification at other YMCA's. "Away" program restrictions vary among YMCAs. Members from other YMCAs are permitted to use their Away stickers at the San Luis Obispo County YMCA a maximum of 5 times per calendar month.

### **PERSONAL TRAINING APPOINTMENTS**

YMCA members will receive 2 Free Fitness Appointments with a Certified YMCA Personal Trainer upon enrollment. The purpose of these appointments is to help new members become oriented to our cardio and strength equipment as well as complete an initial Fitness Assessment. Appointments can be made with one of our personal trainers or at the Member Services Counter. These appointments must be made within 30 days of enrolling in your YMCA Membership. Personal Training Appointments beyond the two initial appointments will be charged. Please see a Personal Trainer for the current rates and packages. (Remember: Financial Assistance is available to those who qualify. The YMCA will not turn anyone away due to an inability to pay.)

### **MASSAGE SERVICES**

Offered at a very competitive rate, YMCA Members can relieve stress and anxiety, increase nourishing blood supply to tissues, improve energy and alertness, aid recovery from pulled muscles or sprained ligaments, reduce or eliminate temporary backaches and other pains and much more by receiving a massage from one of our YMCA Massage professionals. Enjoy a relaxing Swedish, Hand & Foot, or Chair Massage, or try a more therapeutic deep tissue Sport Massage.

Appointments need to be made in advance.

## **RESTRICTIONS**

### **DRY SAUNA**

Members must be 18 years or older to use the dry sauna. This is for the safety of our young members. Members are not permitted to tamper with the temperature settings. The maximum temperature is 185 degrees, and is pre-set for your safety. **A swimsuit and towel is required.** The sauna is for relaxation purposes only- no drying of clothes, shaving, etc. Please consult your physician before using the sauna.

### **FREE WEIGHT ROOM**

Members must be 16 years or older to use the free weight room, unless they have completed the YMCA Teen Weight Certification. Members, ages 12 to 15, who have completed the Certification **must** wear their Certification badge in the weight room.

### **CARDIO EQUIPMENT**

Members must be 16 years or older to use the cardio equipment, unless they have completed the YMCA Teen Weight Certification. Members, ages 12 to 15, who have completed the Certification must wear their Certification badge while on cardio equipment.

### **RACQUETBALL COURTS**

Children 13 and under must be directly accompanied by a parent.

### **AEROBICS AND FITNESS CLASSES**

Children must be at least 16 years of age to participate in classes unless the YMCA Teen Weight Certification has been completed.

### **KIDS GYM**

**Infants to children age 12. We recommend infants attend Kids Gym during morning hours, however it is up to each parent's discretion. Sick and infectious children will not be admitted into Kids Gym. Limits on participation and child-staff ratios may be limited or adjusted at any time at the discretion of Kids Gym staff due to safety concerns.**

### **PROPER ATTIRE/CONDUCT**

All members and guests are expected to wear appropriate attire when using the facility. Closed-toe shoes and shirts must be worn at all times in all areas outside the locker rooms. Only athletic shoes with non-marking soles are permitted in the gym and court areas. Jeans and pants with rivets are not allowed.

Members and guests are expected to be courteous and respectful to other members, staff and YMCA property. Profanity will not be tolerated.

### **SMOKING POLICY**

No smoking is allowed inside the YMCA building.

### **CLOSING FOR MAINTENANCE**

The YMCA reserves the right to close the facility occasionally for required maintenance. However, when closing the facility we will make every effort to provide prior notification to our members.

### **FOOD AND BEVERAGE**

Alcohol is NOT allowed anywhere on the YMCA premises. Food and non-alcoholic beverages are only permitted in indicated areas. Absolutely no glass bottles or containers anywhere but in indicated areas.

### **RACQUETBALL/HANDBALL**

Courts may be reserved by members one week in advance and can only be reserved one hour at a time. Reservations will be forfeited if the member is not at the court within 10 minutes of start time. When playing racquetball eye-guards are recommended.

### **LOST OR STOLEN ITEMS**

The YMCA is not responsible for any personal items. A "Lost and Found" area is maintained at the Member Service Counter for members to assist in the recovery of items. Members are encouraged to turn in any personal items found in the building or on the premises. Items turned in to the lost and found are not kept any longer than 30 days.

The YMCA reserves the right to make changes in the rules and policies at any time. Any changes will be posted at the YMCA and incorporated in the activities brochure. The member hereby agrees to any membership rules and policies that may be placed into effect in the future. Please sign with the understanding that you have read and will abide by the YMCA policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# SAN LUIS OBISPO COUNTY YMCA

## RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration of being permitted to utilize the facilities, services and programs of the YMCA for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any sports activity or off-site program affiliated with the YMCA, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO, OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees and agents (hereinafter referred to as "releases") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused in whole or in part by the negligence of the releases or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.

2. THE UNDERSIGNED HEREBY AGREES TO DEFEND, INDEMNIFY, SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage or cost they may incur, including attorneys' fees and cost of suit due to the presence of the undersigned in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA, whether caused by the negligence of the releases or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to negligence of release or otherwise while in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program, sport or activity affiliated with the YMCA.

The undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I have read this release and agree to these terms.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name (adult #2, if applying for Family Membership)

\_\_\_\_\_  
Signature of Applicant (adult #2)

\_\_\_\_\_  
Date

**FOR PARTICIPANTS OF MINORITY AGE** (under age 18 at the time of registration):

THE UNDERSIGNED, AS PARENT/GUARDIAN WITH LEGAL RESPONSIBILITY FOR THE MINOR PARTICIPANT, DOES HEREBY CONSENT AND AGREE WITH THE TERMS AND CONDITIONS OF THIS RELEASE AND HOLD HARMLESS. THE UNDERSIGNED FURTHER AGREES TO RELEASE AND INDEMNIFY THE RELEASES FROM ANY AND ALL LIABILITIES INCIDENT TO THE SAID MINOR'S INVOLVEMENT IN THESE PROGRAMS.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Phone