



We build strong kids, strong families, strong communities.

North County Communities

Community & Family Programs

YMCA programs in the North County area are growing. A number of new programs are being introduced, based on community interest and involvement. One such program, introduced in 2008, is the YMCA's Pup Tents in the Park. This community camp-out is held in partnership with the City of Paso Robles at Centennial Park. The event provides a true camping experience and enables families who would not otherwise be able to camp out of doors, to enjoy the outdoor experience complete with hot dogs, s'mores, scavenger hunts and stories around the camp fire. Family nights are also held periodically in Shandon. These free events are a great opportunity the community to enjoy a safe, fun evening together playing games as a family.

Other county-wide programs, such as Y Guides and Princesses work to strengthen the relationship between children and positive adult role models during nine months of activities, camp-outs and family adventures.

Childcare/Camps

Childcare Programs are offered for pre-school, kinder and after school for K-5 graders for students at Centennial Park, and for 7-8 graders at Flamson and Lewis Middle Schools in Paso Robles. Before and after school programs are also offered at Shandon Elementary, Cambria Grammar and Carrisa Plains Elementary Schools. Some programs provide child care and Club Y programs on a fee basis. Others are grant-funded enrichment programs to support academic achievement in partnership with area school districts. Programs focus on a wide variety of topics including music, arts, cultural, cooking, science, sports and homework.

Summer Day Camps are offered for youth in grades K-4 and 5-8. These character-building programs focus on helping children develop social competencies, positive identity and empowerment, and understanding of boundaries and expectations, all in an atmosphere of fun and discovery. The Y's Inclusive Recreation program ensures that everyone regardless of physical or mental disabilities, can join in the fun.

Fitness/Sports

A comprehensive YMCA gymnastics program has been lifting children up at Centennial Park in Paso Robles since 2005. We offer recreational and beginning competitive classes for girls and boys, as young as 18 months and as old as age 18. We pride ourselves in a knowledgeable coaching staff that care personally about each child.

The Y also operates the gym and fitness facility at the Don Wolf Recreation Center in San Miguel. The Country Coast Classic, a volunteer coordinated bike ride (25 to 100 miles), is held annually in Cambria to support the Cambria Teen Center.

Teens

The YMCA operates the Cambria Teen Center, through support from the Cambria Lions Club, area businesses and volunteers. The free drop-in program is offered after school and Saturdays during the school year and throughout the summer months.

Youth and Government, and the summer Counselor and Leader in Training Program for youth grades 9-12 help teens develop their leadership and public speaking skills while engaging civic activities such as government and community service.

Character Counts

YMCA values start with the Six Pillars of Character: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship. The Six Pillars are woven throughout our programs, whether we are coaching youngsters in T-ball, tutoring students after school, teaching adult exercise classes or sharing adventures at camp. They are what we teach and what we live by.

We believe that by teaching and living these Character concepts, that everyone benefits, especially children. In learning these six pillars, children involved with the Y have the positive experiences and develop the personal qualities that they need to grow up healthy, caring, and responsible.

The YMCA invites you to join with us by making a contribution to the Y today. You can help improve the lives of all people in our community by supporting these character-building programs. The YMCA believes that the best long-term solution to many of our community's most pressing concerns is in challenging people to accept and demonstrate positive values, and that defines YMCA character development.



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