



May 23, 2018

Dear Valued Y Member:

As promised, we are giving you updated information on our upcoming SLO facility remodel and the anticipated operational impact. These updates will go out on a regular basis to you and will also be on our website at sloymca.org and on the monitor in the lobby of our facility.

The following information is to the best of our knowledge and is subject to change, pending our permitting process. We estimate that the main construction will begin the first week of June and continue through the end of summer.

Updates on Construction impact:

- On Wednesday, May 30th starting at 8am we will move the equipment that will be stored during the renovation. We will block off up to 7 parking spaces for the 26' moving truck and trailer to park. Equipment will return to the facility after construction is complete.
- On Thursday, May 31st starting at 8am our fitness equipment will be moved to new locations within the facility.

SPIN ROOM: Step Mill, 5 recumbent bikes, 2 upright bikes, 1 rower, 2 stair climbers, 2 ellipticals, dumbbells and 4 adjustable benches.

MX4 ROOM: MX4 equipment, squat rack, flat bench rack, lat pull down machine, kettle bell rack, triceps machine, bicep machine, chest press machine, cable crossover machine, assisted dip machine, roman chair, rower, s-drive, Krank Cycle and accessory rack.

LOBBY AREA: 4 Treadmills 2 ellipticals and 2 AMT, 1 recumbent bike and 1 upright bike. (Use of some of the lobby equipment may be restricted at times).

MAIN GYM: All class equipment and Spin bikes.

- On Friday, June 1st work will begin preparing the construction area and provide safe access for members and construction crews.
- On Friday, June 8th construction dumpers will arrive and be placed impacting parking spaces.

ANTICIPATED IMPACT TO CLASSES AND ACTIVITIES DURING CONSTRUCTION:

There will be changes to some class schedules and/or locations during construction to accommodate as many members as possible comfortably and safely, including but not limited to the following:

- Tai Chi, Shakti Flow, Meditation, Beginning Tai Chi and Zumba Gold will most likely be moved outside temporarily into the park next door on the basketball court, or held in court #3. We will communicate with members regarding the status of these classes on an ongoing basis.
- Spin classes will be held in the main gym.
- Racquetball will be in court #3 when construction activity allows for the safe use of the room, with some exception of an occasional fitness class, if needed.
- Youth Fitness will move outside into the park and will continued to be supervised by Y staff members.

Construction will primarily take place between 6am and 3pm Monday through Friday. During the entire remodel period, but especially during the demolition period the first few weeks in June, there will be more noise and visual disruption.

Our lobby and hallway furniture will need to be removed until construction is completed and will be replaced with new furniture. Coffee service may be relocated or interrupted based on construction requirements.

Our Y is committed to providing our members a safe environment and opportunities to pursue healthy physical activity that is accessible, affordable, and family-friendly. We will communicate with members weekly regarding operational impact/changes via staff, email blasts, signage, website and the T.V. in the lobby.

We hire and work with professionals on all decisions regarding our facility design and construction. All aspects of the project will have City of SLO approval and meet safety codes. If you have questions, please contact April Lewallen, COO, at Alewallen@sloymca.org or call the Y: 805-543-8235.

We appreciate your patience as we work together to make our Y a better facility for you and families in our community.