



June 8, 2018

Dear Valued Y Member:

As promised, we are giving you updated information on our SLO facility remodel and the anticipated operational impact. These updates will go out on a regular basis to you and will also be on our website at sloymca.org and on the monitor in the lobby of our facility.

The following information is to the best of our knowledge and is subject to change, pending our permitting process. We estimate that the construction will continue through the end of summer.

We appreciate your understanding and patience as the YMCA gets a fresh new look! We know your fitness experience has been impacted during this process and want to offer you a complimentary personal training session. You can schedule this at the member service desk the next time you are at the Y.

We also know that getting in a quick workout is important to you. We are opening up the MX4 small group training **FREE** to all facility members during the construction period. **MX4** Small Group Training provides a fresh, motivating exercise experience that delivers results you can see in just 30 minutes a day. Only **MX4** combines best-in-class training tools with exciting workouts to help you improve cardiovascular fitness, power, strength and endurance in a way that's right for your body and abilities. Class size is limited so sign up at the member service desk.

Updates on Construction impact:

- The City of San Luis Obispo has approved our construction permit.
- On Thursday, June 7th, 2018 demolition will begin. The level of noise may be significant. Ear plugs will be available at the member service desk for all members.
- On Friday, June 8th construction dumpers will arrive and be placed near the back of the lot impacting some parking spaces.

ANTICIPATED IMPACT TO CLASSES AND ACTIVITIES DURING CONSTRUCTION:

There will be changes to some class schedules and/or locations during construction to accommodate as many members as possible comfortably and safely, including but not limited to the following:

- Tai Chi, Meditation, Beginning Tai Chi has been moved outside temporarily into the park next door. We will communicate with members regarding the status of these classes on an ongoing basis.
- The following classes have been removed from the schedule due to class conflicts and available space.
 - Tuesday** 6:30p Shakti Flow
 - Thursday** 4:30p Shakti Flow and 5:30p Spin
 - Saturday** 9:30a Tabata Boot Camp.
- Most Spin/Cycling classes will be held in the main gym, however Saturday morning cycling at will be held in court #3.
- Racquetball will be in court #3 when construction activity allows for the safe use of the room, with some exception of an occasional fitness class, if needed.
- Youth Fitness will move outside into the park and will continued to be supervised by Y staff members.

Construction will primarily take place between 6am and 3pm Monday through Friday. During the entire remodel period, but especially during the demolition period the first few weeks in June, there will be more noise and visual disruption.

Our lobby and hallway furniture may need to be removed until construction is completed and will be replaced with new furniture. Coffee service may be relocated or interrupted based on construction requirements.

Our Y is committed to providing our members a safe environment and opportunities to pursue healthy physical activity that is accessible, affordable, and family-friendly. We will communicate with members weekly regarding operational impact/changes via staff, email blasts, signage, website and the T.V. in the lobby.

We hire and work with professionals on all decisions regarding our facility design and construction. All aspects of the project will have City of SLO approval and meet safety codes. If you have questions, please contact April Lewallen, COO, at Alewallen@sloymca.org or call the Y: 805-543-8235.

We appreciate your patience as we work together to make our Y a better facility for you and families in our community.

Sincerely,



Monica Grant