HERE FOR GOOD

2022 Annual Report
SLO COUNTY YMCA
Dear YMCA Family & Friends,

Change – has been a mantra for the last few years. Your San Luis Obispo County YMCA has embraced change as a guiding call to the communities we serve.

We continue to renew our steadfast commitment to our people, communities, and country, and see a bright future ahead. The prioritization of our health and well-being as individuals and as a community is greater now than ever. In addition to physical wellness, the Y has prioritized supporting the social and emotional wellness of our members and participants. We do this through experiences and programs for people all ages.

As our communities continue to transform, so does the Y. Our organization regularly assesses our commitments and goals to ensure we are aligned to our community and member needs. Our goals are big—expand services to reach more youth, forge new partnerships, foster community connections, and broaden our efforts in diversity and equity. Our strategy embodies those principles, reaffirming the SLO Y’s long-standing commitment to the community, while focusing our work on areas where our strengths and expertise align with pressing needs. We are excited to continue our service to the community and are encouraged that the coming year will be even more optimistic.

Through these challenging times, we have been reminded that the YMCA is defined not by its physical buildings, but by the people we serve. We are tremendously thankful for the many volunteers, our Board of Directors, staff, donors, and partnerships who continue to support the Y’s mission. The Y truly is epitomized by the caring and generous people who represent it – you.

Sincerely, Margo Byrne

President & CEO

Our Y Stories

“`It was the best summer we’ve had in a long time. My granddaughter had a wonderful time, and it was very reassuring that I could drop her off and know she was well cared for.”

Julia,
YMCA Participant
Grandparent

“I love this job. This is my favorite job I’ve ever had. I’m in school to become a teacher. This is the perfect job to get experience will all ages of kids. One of my favorite things is that I get to build relationships with the kids. It’s just so much fun.”

Jessica,
YMCA Staff

My granddaughter
had a wonderful
time, and it was
very reassuring that I
could drop her off and know she
was well cared for.”

Julia,
YMCA Participant
Grandparent
OUR FOCUS AREAS

HEALTHY LIVING
- Fitness facility for wellness and community
- Group fitness classes
- Family membership programs
- Nationwide Membership at 2,000+ Y’s
- Programs for Spirit, Mind & Body
- Access to SLO Swim Center
- HEPA Program (Healthy Eating & Physical Activity)

FINANCIAL AID
- No one is turned away for lack of ability to pay.

SOCIAL EMOTIONAL ENRICHMENT
- Mental health and wellness education, and social emotional support services, through the resource of a dedicated mental health intern from Transitions – Mental Health Association.

SPORTS
- Bitty Sports
- Youth Basketball
- Sports Clinics
- Sports of all Sorts
- Youth Futsal
- Youth & Adult Roller Hockey

REACH
- Fitness classes for young people with developmental disabilities

OUR NUMBERS

$219,562 raised in our 2022 Annual Support Campaign to support our local Y.

Who needs our services?

Who’s our team?

20 Board Members
60 Staff Members

Who’s our team?

2050 fitness members
400 summer campers
500 youth sports participants
650 before & after school participants
THANK YOU TO OUR DONORS!

DIAMOND DONORS
$25,000 & GREATER
City of Grover Beach
Jim Sargen (Deceased)
Gertrude and Leonard Fairbanks Foundation

PLATINUM DONORS
$10,000 & GREATER
County of San Luis Obispo
Joan Gellert-Sargen
Rawlings Family Charity
The Adams Fund

GOLD DONORS
$5,000 & GREATER
Grace Crittenden, M.D.
Bert and Candace Forbes
French Hospital Medical Center/Dignity Health
Resnick Foundation
Geri LaChance
Wayne and Linda Lewis
Justin Vineyards and Winery
Mechanics Bank
Pacific Premier Bank
Pacific Gas & Electric
Robert H. Janssen Foundation, Inc
Rotary Club of San Luis Obispo de Tolosa

SILVER DONORS
INDIVIDUALS - $2,000 & GREATER
Anne and Keith Byerly
Barrie Cleveland
Bob and Debbie Wacker
Bob Shanbrom and Xiaoping Cheng
Bonnie and Steve Mello
Craig and Cheryl McCollum
Cynthia Vizcaino Villa
Edward and Leslie Davidson
Gayle Byerly
John and Anna Peschong
Katie Lichtig
Lisa Gonzalez EA/Controller-On-Call
Marty Claus and Chip Visci
Russ and Diane Brown
Donald Ellis and Sherry Chang

President’s Club
The President’s Club is a group of donors whose annual giving totals $1,200 or more. We’d like to thank our President’s Club members for supporting the mission of our local Y.
Legacy Donors
The following individuals are committed to ensuring the sustainability of the San Luis Obispo County YMCA on future generations of youth and families through planned giving.

Ira & Marsha* Alpert
Barrie Cleveland
Jim Gall
Sandy Garth
Joan Gellert-Sargen
Monica Grant & Colleen Murphy
Wayne & Linda Lewis
Dick and Nancy Morrow*
Jennifer Rhynes
John Robbins* & Karen Aydelott
Don Ross*
Jim Sargen*
David Wong
Patrice Wyse
*deceased

Thanks to our donors we can continue to help future generations find their wings!
It is with much gratitude that our Y announces that we have received a significant gift from the estate of our friend and loyal donor, Jim Sargen, who passed away a year ago on his birthday, October 2, 2021.

The Sargen family began their involvement with the Peninsula Family YMCA, which is now part of the San Francisco YMCA Association. Jim's daughter, Cindy, was very involved in Y summer (sleep-away) camps and was a staff counselor at YMCA Camp Jones Gulch through High School and College.

The family made a gradual migration to the central coast, with the intention of Jim retiring. When they bought their first home in the area in 1989, it was just the beginning of his long “retirement” career in the area. Jim did not actually retire until March 2018. As his father had always said, “you get the community you deserve,” and Jim wanted our community to thrive.

Shortly after moving to the Central Coast, Jim and his former wife Joan became involved as donors for the SLO County YMCA. Jim Gall, longtime YMCA member, volunteer and former staff Director, said that Jim’s appreciation for the Y and philanthropic nature connected at a critical time when the local Y was really struggling financially. Jim continued to be an annual donor for all the years following. His charitable contributions grew and had significant impacts over the last ten years in particular. According to Monica Grant, former CEO of the SLO County YMCA, these gifts included a significant gift in memory of his daughter, Cindy, to support our youth programs and scholarships; and a large capital gift to support the facility renovations of the San Luis Obispo Y (still in progress). Jim leaves behind an important legacy through his generous estate gift, ensuring that Y programs near and dear to Jim’s heart will serve families in our community for generations to come. In addition to his charitable contributions to the Y, he served on several boards and fundraising committees for various non-profit entities, including the Foundation for the Performing Arts Center, French Hospital Medical Center Foundation, and the Foundation for California Community Colleges. His contributions to our community are too many to list.

Jim’s business acumen, humor and generous spirit, is greatly missed by those of us who knew him.

If you are interested about learning more about how to leave a legacy through your estate plan, please contact Rachel Cementina, rcementina@sloymca.org. (Photo of Jim Sargen by Kitti McMeel.)

Jim’s everlasting support will continue to empower our community. Thank you from all of us at the YMCA.