



SAN LUIS OBISPO COUNTY YMCA CHILD WATCH PROCEDURES PARENT/GUARDIAN'S GUIDE 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Welcome to SLO County Y Child Watch!

As a service to our valued members, Child Watch provides onsite child care for members using our facility. Our goal is to provide a positive experience for children in a safe and secure environment during your visit to the Y.

USE Child Watch is only available to members with a Family or Single Family Membership. Child Watch is for children ages 6 months (able to sit up independently) to 12 years. Child Watch is not a licensed child care center. Parents are required to stay on the YMCA premises while the child is signed into program. Children may stay in Child Watch for no more than **two** consecutive hours per day.

HOURS OF OPERATION*

Monday - Friday	8:45am – 12:00pm
Monday/Wednesday	5:00pm – 7:30pm
Tuesday/Thursday	4:30pm – 7:30pm
Saturday	8:00am – 2:00pm

*Or as otherwise posted.

CHECK-IN/CHECK-OUT PROCEDURES Each child must be signed in with parent's phone number and location in the facility.

CHILD WATCH STAFF All staff have cleared fingerprint clearance and are certified in CPR, AED, First Aid, and Child Abuse Prevention. YMCA staff are mandated by state law to report any suspected cases of child abuse or neglect to Child Welfare Services (CWS). Space is restricted to available staff. Staff will be present to accommodate the following ratios:

Ages 6 months to 5 years (1:12) 6 years to 12 years (1:20)

Combination of 6 month to 12 years (1:16)

Families may sign in on a first come, first served basis. If the program is full, a sign will be placed on the entrance. Please check in with the staff to be sure your child is added to the wait list.

SAFETY All personal items must be labeled & picked-up at checkout. Items left behind will be donated. Parents will be asked to pick up children who are inconsolable for more than 20 minutes. Please remember that you must remain in the building while your child is in Child Watch. Please leave your contact information and inform the staff where you will be so that you are easily accessible if they need to contact you.

SNACKS Food or drink, other than water, are prohibited in Child Watch. Water is allowed in a sealed container. Infants who require bottles may have one bottle left with the staff. Staff will not administer medications in the Child Watch program.



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BATHROOM/DIAPERING POLICY Staff will assist a child to the bathroom if necessary, but diapers will not be changed. Please bring child in a clean diaper. Parents will be asked to change diapers as needed.

WELLNESS POLICY A child needs to be well to participate. The YMCA determines illness and/or exposure according to the California Department of Public Health Communicable Disease guidelines. Parents should keep their child home if the child displays any of the following symptoms:

- ◆ Severe Pain
- ◆ A temperature of 100 or higher
- ◆ Intestinal trouble with diarrhea or vomiting in the previous 24 hours
- ◆ Any undiagnosed rash: face, chest, abdomen, back or arms
- ◆ Sore or discharging eyes or ears, profuse nasal discharge
- ◆ Blood in urine
- ◆ Swollen Joints
- ◆ Visibly enlarged lymph nodes
- ◆ Sneezing and watery eyes, runny nose, coughing (which can not be stopped by over the counter medications) or difficulty breathing
- ◆ A change in behavior –listless, tired, irritable, or refusal to play for no reason
- ◆ Jaundiced skin, yellow eyes or red eyes with discharge
- ◆ Evidence of head lice or nits

If your child exhibits any of these symptoms while in our care, we will call you immediately and ask you to remove the child from Child Watch. A child who has been sent home due to a fever or illness will not be allowed to return to Child Watch until 24 hours after the fever has broken or antibiotics are administered.

COMMUNICABLE DISEASES If your child is diagnosed with a communicable disease within 24 hours of attending Child Watch, please notify us. In the event a child contracts a communicable disease, your child will not be permitted to return until the period of contamination has passed, as outlined by the California Department of Public Health Communicable Disease.

DISCIPLINE The staff will use positive methods that will encourage self-regulation, self-esteem, and cooperation among the children. Understanding and compassion will be used at all times. Hitting, biting, pushing, pinching, name-calling, or any activity that can cause harm to the child or others will not be tolerated. Verbal reminders and redirection will be the form of discipline used by staff. If disruptive behavior continues the parent will be asked to remove the child immediately and Child Watch services may be suspended.

EMERGENCY PROCEDURES Emergency procedures will be posted in case of a fire or other emergency. Fire drills will be conducted annually.

Questions or concerns? Contact the Child Watch Lead or Director of Membership and Marketing at 805-543-8235.